

## **NOVEMBER 2020**

### **GRAB & GO MENU**



#### **Breakfast**

| MONDAY         | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY         |
|----------------|---------|-----------|----------|----------------|
| 2              | 3       | 4         | 5        | 6              |
| *Cinnamon Roll | *Cereal | *Pancakes | *Cereal  | *Breakfast Bar |
| 9              | 10      | 11        | 12       | 13             |
| *Cinnamon Roll | *Cereal | HOLIDAY   | *Cereal  | *Breakfast Bar |
| 16             | 17      | 18        | 19       | 20             |
| *Cinnamon Roll | *Cereal | *Pancakes | *Cereal  | *Breakfast Bar |

FALL BREAK (November 23rd-27th)

#### Lunch

| MONDAY   | TUESDAY  | WEDNESDAY                                    | THURSDAY                                      | FRIDAY   |
|--|--|--|---|--|
| 2<br>**Pork Rib-B-Que<br>OR<br>*Grilled Cheese   | 3<br>Turkey Taco<br>Empanada<br>OR<br>*Grilled Cheese  | 4<br>*Cheese Pizza<br>OR<br>*Grilled Cheese  | 5<br>Turkey Hot Dog<br>OR<br>*Grilled Cheese  | 6<br>Chicken Nuggets<br>OR<br>*Grilled Cheese  |
| 9<br>Chicken Patty<br>Sandwich<br>OR<br>*Burrito | 10<br>Cheeseburger<br>OR<br>*Burrito                   | HOLIDAY                                      | 12<br>Turkey Hot Dog<br>OR<br>*Burrito        | 13<br>Chicken Nuggets<br>OR<br>*Burrito        |
| 16<br>**Pork Rib-B-Que<br>OR<br>*Grilled Cheese  | 17<br>Turkey Taco<br>Empanada<br>OR<br>*Grilled Cheese | 18<br>*Cheese Pizza<br>OR<br>*Grilled Cheese | 19<br>Turkey Hot Dog<br>OR<br>*Grilled Cheese | 20<br>Chicken Nuggets<br>OR<br>*Grilled Cheese |



FALL BREAK (November 23rd-27th)



# **Sides**Meals served W/Fruit, Veggie & Milk

|             | MONDAY   | TUESDAY                          | WEDNESDAY                        | THURSDAY                         | FRIDAY                           |
|-------------|--|----------------------------------|----------------------------------|----------------------------------|----------------------------------|
| *Vegetables | Carrots  | Salsa<br>OR<br>Marinara          | Potato                           | Baked Beans                      | Corn                             |
| *Fruits     | Fresh Fruit<br>&<br>Cupped Fruit                   | Fresh Fruit<br>&<br>Cupped Fruit | Fresh Fruit<br>&<br>Cupped Fruit | Fresh Fruit<br>&<br>Cupped Fruit | Fresh Fruit<br>&<br>Cupped Fruit |
| *Milk       | 1% White Milk and Nonfat Chocolate Milk Available. |                                  |                                  |                                  |                                  |

\*Vegetarian Option \*\*Contains Pork

Menu subject to change, entrée choices are not guaranteed throughout the entire meal services.

This institution is an equal opportunity provider.